# WINTER PLANTING CHECKLIST

ZONE 8

**BOONSTEAD - THE HELPFUL PLACE** 

# **BUILDING AND TOOLS**

- Maintain your garden tools by cleaning and sharpening them
- Drain fuel tanks of lawn equipment such as mowers, tillers, or chippers before storing for the winter
- Avoid placing rock salt on sidewalks and driveways as they can damage plants
- Clear spaces for future structures or garden areas
- Keep firewood away from your home and dry, for use during winter months
- Store power tools and garden equipment out of the elements in a dry space
- Check for pests and mice living indoors to keep warm

### GARDEN PLANNING

- Start a garden journal to chart seed and plant varieties, and specifications they have, as well as germination and maturation rates
- Research companion plants for next seasons garden
- Sketch out or design how your garden will look for the next year, rotating crops, or placing a new trellis
- Ensure you have seed starting equipment such as lights, heat mats, and seed trays
- Consider garden gifts for holiday occasions. A house plant, garden tools, or a homemade canned recipe are great choices
- Visit your local botanical gardens, arboretums, or nature centers to get inspiration
- Later in the winter months start preparing for your spring garden, make sure beds are ready for seedlings and transplants

## ALL ABOUT WATER

- Make sure outdoor faucets are covered
- Drain hoses and empty birdbaths to prevent freezing
- Water soil thoroughly before a freeze to insulate plants still growing
- Check on rainwater collection systems. Ensure the pipes are well insulated to prevent freezing

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#### SEED NEEDS

- Get your seed catalogs and order seeds before the one's you want are out of stock
- Look for seed swaps in your area to diversify your garden
- Wash and sterilize seed staring containers
- Prepare seed starting areas close to sunny windows, preferrable on the southwest side of your home where it is warmest
- Start indoor seed planting

#### GARDEN CLEAN UP

- If you haven't done so already, dump out and store any pots out of the elements so they do not freeze or crack
- Cut back dead plants to about 6 inches and add non-diseased matter to your compost pile
- Cover garden beds and bare spaces with compost
- Plant a cover crop like mustard, peas, or clover
- Add mulch to help insulate the soil and protect perennial plants
- Prune fruit and non-flowering ornamental trees, deciduous vining plants, rose bushes, and grapes
- In the late winter months, clean up and clear out garden beds, amend garden soil, and add more mulch
- Add slow-release fertilizer to your shrubs and garden beds as well as any indoor plants
- Consider repotting indoor houseplants
- Protect trunks of young trees with chicken wire or hardware cloth
- Turn compost and cover it to prevent nutrients from leaching out with winter rains
- Start a compost pile if you have not already done so
- Dig and divide crowded bulbs
- Cover non-cold hardy annuals and perennials with light colored sheets or clothes to keep it warmer
- Clean your indoor house plant leaves
- Chop and store firewood as needed

#### CANNING AND PRESERVING

- Harvest and preserve fall crops using your favorite recipes
- Clean and sterilize canning jars for use and discard broken or chipped jars ||
- Look for sales on equipment such as jars, lids, canners, dehydrators, and shelving
- Keep your root cellars and pantries clean
- Take note of quantities your family consumes to prepare for planting more or less of a certain crop next year.

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• Enjoy your delicious, canned recipes with friends and family

# WINTER PLANTING LIST

DECEMBER, JANUARY, FEBRUARY - ZONE 8

#### SEED STARTING INDOORS

#### **GROWING INDOORS/GREENHOUSE**

Broccoli Brussel sprouts Cabbage Cauliflower Leek Chiles Eggplant Kale Peppers Tomatoes

Arugula Beets Swiss chard Mustard Cauliflower Radishes Spinach Broccoli Carrots Cabbage Peas Turnips Lettuce Tomatoes Eggplant Peppers

#### DIRECT SEEDING OUTDOORS

Flowers Nigella Poppy Larkspur

**Edibles** Arugula Asparagus roots Beets Bok choy Carrot Chinese broccoli Chinese snow peas Cilantro Collards Dill Endive English peas Fennel Garlic chives Horseradish roots Lettuce Parsley Potatoes Radish Spinach Sugar snap peas Swiss chard Turnips

#### TRANSPLANTS

Broccoli Cauliflower Collards Kale Kohlrabi Onion starts Oregano

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# WINTER HARVEST LIST

DECEMBER, JANUARY, FEBRUARY - ZONE 8

# DECEMBER

Arugula Beets Bok choy Broccoli Brussel sprouts Bush snap beans Cabbage Carrots Cauliflower Celery Chinese cabbage Cilantro Collard greens Dill Endive Fava beans Fennel Fenugreek Green beans Kale Lettuce Mustard Onions Peas Radishes Spinach Swiss chard

### JANUARY

Arugula Broccoli Brussel sprouts Cabbage Carrots Cauliflower Collard greens Kale Lettuce Mustard Peas Radishes Spinach Swiss chard

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# FEBRUARY

IF ANYTHING IS LEFT Some Lettuces Broccoli Cauliflower Cabbage Brussel Sprouts

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